

## **Insight II: The Opening Heart Seminar**

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**Date :** Oct 31, 2018 - 08:00 AM

**Event URL :** <http://www.BostonEventsList.com/events/insight-ii-the-opening-heart-seminar-oct-2018>

**Organizer :** Insight Seminars

**Venue :**

**Location :** Boston, MA,  
BOSTON, MA, United States, ZIP: 10001

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## **Insight II: The Opening Heart Seminar**

In a safe and supportive journey, Insight II opens your heart by getting free from anything that has been holding you back in your life and embracing your true self.

**Over 5 days, you will have an opportunity to look at:**

- Letting go of past hurts
- Learning how to communicate from an open and loving place
- Becoming more confident and courageous
- Expressing more authentically
- Trusting your intuition when making choices

- Loving yourself unconditionally
- Discovering your talents and gifts
- Affirming what's really important to you
- Creating go-to reference points and tools to use as guides through life's challenges outside the Seminar
  
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### **What to Expect:**

Insight II is a stretch into opening your heart to recognize your own magnificent and authenticity. Many grads say this Seminar was life changing.

Insight II is limited to 40 participants. This creates a safe and welcoming space for individual sharing and expression. By the end of 5 days, you will have connected with people who may become lifelong friends in your journey of self discovery with Insight.

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### **Event Categories :**